

# Full Body de-tox Programme

## SPRING CLEAN YOUR BODY, IT'S AS EASY AS 1, 2 & 3

This is a full body cleansing routine that can take place twice a year to insure against intestine fluke (*Fasciolopsis buskii*). The fluke parasite is the likely cause responsible for many major health problems. If the body has to waste its vital force fighting against intestinal disturbance then the body does not have the needed reserve power to heal itself when required to do so.

- 1. TriPlex - for intestines    2. FluidPlex - for kidneys    3. LiverPlex - for liver**

<p><b>Week 1</b> Start taking TriPlex for the first week 10 Drops 3 Times Daily.</p>  <p><b>Week 2</b> Take TriPlex for the second week 20 Drops 3 Times Daily</p> <p><b>Week 3 to 7</b> 50mL bottle \$48.95 RRP</p>	<p><b>1. TriPlex</b> An easy to take liquid form of Dr Hulda Clark's famous original powdered herbs in capsules – an anti-parasitic remedy. A combination of the genuine fresh Green Hulls of Black Walnut (not imported black hulls), picked in Victoria in March every year, Wormwood grown in Victoria and Cloves. Herbal defence against intestinal parasites - one of our best sellers!! Based on the teachings of the famous Dr Hulda Clark. A safe effective herbal routine to ensure your body is not wasting resources fighting against internal parasites or harmful solvents. Help your body win the fight for good health.</p> <p><b>Continue taking TriPlex</b> as a Maintenance Dose. Note: 30 Drops 3 Times a Week e.g. 30 Drops on Mon, 30 Drops on Wed &amp; 30 Drops on Fri.</p>
<p><b>Week 3</b> Begin FluidPlex at the start of week three 2mL 3 Times Daily for the next 6 Weeks. 250mL bottle \$39.95 RRP</p>  <p><b>Week 3 to 8</b></p>	<p><b>2. FluidPlex</b> 250ml <b>FluidPlex</b>: has been formulated in a liquid extract form for ease of dispensing. It contains the following: Hydrangea root, Gravel root, Marshmallow root, Parsley leaf, Golden rod, Ginger, Uva ursi and Vegetable glycerin. This product will help in cleansing the kidneys, assisting the body to detoxify itself. The 250mL bottle contains 6 weeks supply. The dosage is 2ml 3 times daily, for an adult or 1/2 the quantity for a child. Commence taking <b>FluidPlex</b> at the start of week three. Vitamin B6 (250 mg): one a day; Magnesium oxide (300 mg): one a day These two supplements are available through INNERGLOW HEALTH PRODUCTS, (07) 5449 0600, but Magnesium oxide has been replaced here in Australia by Magnesium Orotate (200 mg) which is a very good substitute to Dr Clark's recommendations.</p> <p><b>Keep taking TriPlex.</b> Note: 30 Drops 3 Times a Week e.g. Mon, Wed &amp; Fri. This is now your Maintenance Dose, take until bottle is finished. <b>Keep taking FluidPlex.</b> 2mL 3 Times Daily, take until bottle is finished. The dosage is 2mL 3 times daily, for an adult or 1/2 the quantity for a child.</p>
<p><b>Week 8</b> Begin LiverPlex at the start of Week 8. 2mL 3 Times Daily For the next Six Weeks or until bottle is finished. 250mL bottle \$39.95 RRP</p>  <p><b>Week 8 to 14</b></p>	<p><b>3. LiverPlex</b> <b>LiverPlex</b>: Once the kidneys have been cleansed the liver should now also receive some attention. This is important to assure maximum digestive power. If we were to compare the human body to a car, you would not put clean oil in a dirty engine. So we need to clean our engines. <b>LiverPlex</b> will help you do that. So like a clean engine, your body will perform at its best. <b>LiverPlex</b> will work better after <b>FluidPlex</b>. The 250mL bottle contains 6 weeks supply. The dosage is 2mL 3 times daily, for an adult or 1/2 the quantity for a child. <b>LiverPlex</b> is made of the following: Turmeric, St Mary's thistle, Gravel root, Parsley root, Mullein, Fresh Green Hull of Black Walnut, Marshmallow root, Licorice, Wild yam and Skullcap. It is not possible for us to manufacture strictly according to Dr Clark's recipe because some of her ingredients are restricted in Australia. We have merely substituted some plants for another that we know, will work just as well on the liver.</p>

We suggest: Repeat program again six months from finish date. Eg: If you started in Spring begin again in Autumn.



**The Pharmaceutical Plant Company Pty Ltd**  
24 London Drive, Bayswater, Victoria, 3153  
Tel: (03) 9762 3777 Fax: (03) 9762 9992  
Email: ppc1@bigpond.net.au  
[www.ppcherbs.com.au](http://www.ppcherbs.com.au)

Available from



# PARASITE DEFENCE

Three powerful herbs which aid the elimination of intestinal parasites.

Introducing TriPlex the all in one powerful liquid herbal complex.

Powerful Australian organic herbs for parasite defence.

Aids the elimination of human intestinal fluke.

**BLACK WALNUT 1:1**

From fresh green hulls organically grown in North East Victoria.

New harvest picked in March every year.

**WORMWOOD 1:2**

Organically grown right here in Australia.

**CLOVES 1:5**

A traditional treatment for the elimination of worm eggs.

All herbs as recommended by Dr Hulda Clark

WARNING: If symptoms persist seek medical advice.



## 7 Weeks dosage for \$48.95 RRP

\$6.99 per week, per person when following the recommended dosage.

TriPlex Liquid Formula has been designed as an adjunct to Dr Hulda Clark's original parasite remedy. It contains the same ingredients as the dried herb program, but in a liquid, all-in-one formula. The dosages have been calculated to provide an effective measure of Dr Clark's three basic herbs, and are easily swallowed and quickly assimilated into the body.



Fresh green hulls of the Californian Black Walnut (*Juglans nigra*)

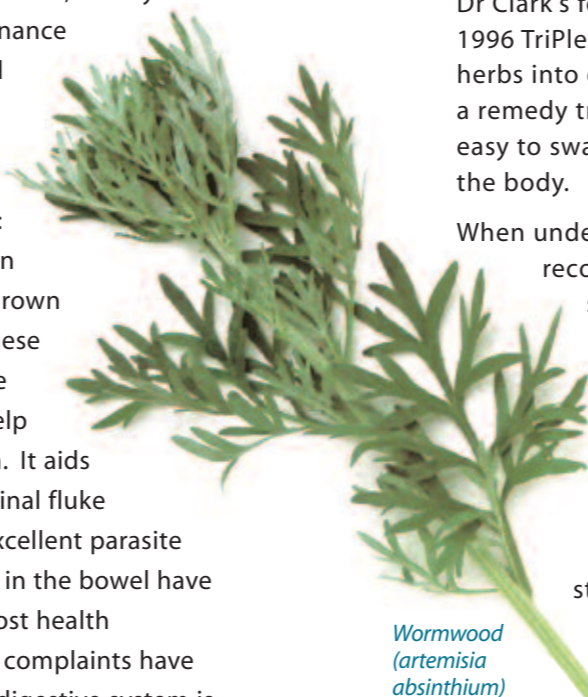
## From powders to liquid

Dr Hulda Clark's original formula was based on ingredients which were in a powder form. These ingredients had to be mixed together and then inserted into a gelatin capsule then sealed. Many people found this process difficult and time consuming. A liquid form of this formula, TriPlex has been developed to provide help for those who may have difficulty swallowing or making up the capsules, as well as for children and animals to ingest easily. TriPlex comes in one 50mL bottle. All ingredients have been measured and mixed in our TGA licenced laboratory. It is simple and very easy to take. The dosage is in drop form, so it can be mixed with fruit-juice or any other beverage to taste as desired. The dosage increases in the second week, and by the third week it becomes a maintenance dose. This maintenance dose should be taken three times a week onwards.

TriPlex is made of three ingredients: fresh green hulls of Australian grown California Black Walnut, Australian grown Wormwood leaf and Clove buds. These three components have a vermifuge action (worm treatment) and will help maintain a healthy digestive system. It aids the elimination of the human intestinal fluke (*Fasciolopsis buskii*), making it an excellent parasite program. The presence of parasites in the bowel have been linked to many conditions. Most health practitioners will explain that many complaints have their origin in the colon. A healthy digestive system is the start to recovery and well being.



Clove Buds (*Syzygium aromaticum*)



Wormwood (*artemisia absinthium*)

She believes that if the body can be rid of colon parasites it can restore itself to full health.

Dr Clark recommends a combination of green hulls of Black Walnut, Wormwood and Cloves taken daily, following her strict formula as a natural way to rid the body of colon parasites.

PPC Herbs originally supplied the ingredients for Dr Clark's formula in a dry powdered form. Since 1996 TriPlex has combined these three powerful herbs into one convenient liquid extract, to provide a remedy true to the original formula which is easy to swallow and more quickly assimilated into the body.

When undertaking this program we strongly recommend that you adjust your lifestyle, so you lead a life as naturally as possible. Eat lots of fresh locally grown organic food. Is your home a source of pollution? Do you need to take some time off work to run away from stress and negative energies? Consider some vitamins and minerals to help you rebuild your strength and vitality.

For more advice consult your health care professional.



## Dosage

TriPlex can be used for children, adults and pets. It can be used as a natural remedy by everyone. The regime is very straightforward: take 10 drops 3 times daily for one week. Then take 20 drops 3 times daily for the following week. On the third week take 30 drops 3 times (Eg: Monday, Wednesday and Friday). Thereafter keep taking 30 drops 3 times per week. You might want to start again the whole regime from the beginning every 6 months to make sure no parasite(s) have re-established themselves.

WARNING: If symptoms persist seek medical advice.

Not to be used on children under 2 years of age.

## Parasites - the root of all evil???



Dr Hulda Clark is convinced that most diseases result from the invasion of parasites in the colon.

From this simply stated but well researched idea, she has produced a range of advice and recommendations which have resulted in a huge following in the United States of America and in many other countries, including Australia.

## Parasite infestation

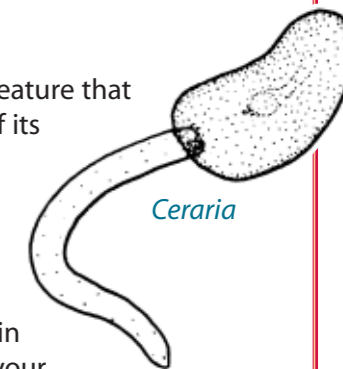
"An increasing number of health practitioners are sounding the alarm bells regarding parasitic infection. The wide ranging symptoms include itching (ears, nose, anus), gas and bloating, loss of appetite, eating more than normal but still feeling hungry, blurry vision, muscular pain, lethargy, diarrhoea, constipation, indigestion, rashes, hives, allergies, mental confusion and so on and so on.

### What is a parasite?

A parasite is a live creature that invades and lives off its host, most often causing harm. They multiply inside you as they eat your food, steal your nutrients and in some cases live off your flesh. Parasites vary in form from tiny microscopic organisms to worms growing several feet in length, to lice and ticks. They can be transmitted by air, food, water, insects, animals and people.

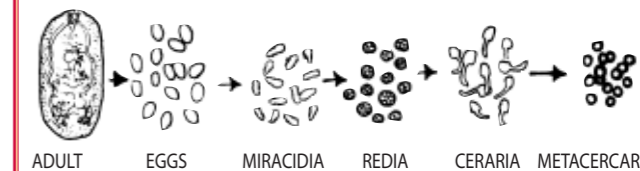


Human intestinal fluke



Ceraria

Stages of life of a fluke	
Stage	Normal Life Cycle
1 Egg	Expelled with bowel movement onto soil. Washed by rain into ponds.
2 Miracidia	Hatches from egg in water. Has cilia, can swim vigorously and must find intermediate snail host in one to two hours or may be too exhausted to invade.
3 Redia	Develops inside miracidia as little balls until expelled. These are 'mother' redia, and each one bears 'daughter' redia for up to eight months, all still inside the snail, and living on the fluids in the lymphatic spaces. Similarly, daughter redia are continually developing cercaria.
4 Cercaria	Have a tail and use it to exit from snail and swim to a plant. If the snail is feeding on a plant, cercaria can latch onto plant with sucker mouth and start to encyst (from a 'cocoon') in minutes. Tail breaks off and swims away to dissolve.
5 Metacercaria	Two-walled cysts. The outer wall is very sticky, but as you eat the plant it is stuck to, the least pressure will break it, leaving the cyst in your mouth. The 'almost unbreakable' inner cyst wall protects it from chewing, and the keratin-like coat prevents digestion by stomach juices. However when it reaches the duodenum, contact with intestinal juices dissolves away the cyst-wall and frees it. It then fastens itself to the intestinal lining and begins to develop into an adult.
6 Adult	Lives in your intestine and can produce 1,000 eggs per bowel movement, and live many years.



Life cycle of a fluke

### Treatment options?

Conventional treatment involves antibiotics and other parasite medication. A more natural approach is to use herbs and diet to expel the parasite and kill the eggs. If you suspect parasite infection, see your health care professional before embarking on a parasite cleansing program."

Source Alternative Medicine. The Definitive Guide.